

## Autism and Relationships: The Myth of Cultivating Relationships and the Truth about Energetic Families

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### Introduction

This editorial begins by exploring the meaning of relationships in autism. The basis of all relationships in autism are in the PRESENT moment and based on the Energetic Interactions/Dynamics in that moment. The autistic person may not necessarily be aware that this is what is happening in their relationships and while relating to people moment by moment, based on energy patterns and dynamics. This applies to all relationships and “relating to”, both within the family with parents, siblings etc and with people “outside” the primary biological family structure. Familiarity and duration/length of the association does not determine the depth of the bonding in the relationship. The more familiar a person is or the longer the person (including the parents) has been interacting with the person with autism (even many years) does not necessarily mean a “better” relationship or “relating to” with that person.

### An Autistic Person Belongs to the World

Fundamental to understanding how an autistic being “relates” to everyone and everything is this - that the autistic person belongs to the whole world and yet is a world unto himself/herself. However paradoxical this may sound, this is in fact representative of a FACT already discovered by science as the way every human being operates. Physics has discovered that each one of us literally creates and inhabits a world “bubble” uniquely our own and this world is completely different than the world created by another. Literally, this is simply accelerated, augmented and amplified in autistic beings in a manner that is “disturbing” or “mysterious” to the so called “neurotypical” people on this planet. To understand how an autistic person belongs to the whole world, it is suggested to peruse my article “The Third Brain in Autism” in the online course on autism here: <http://authenticautismsolutions.usfedora.com>

### Relationship is Secondary, Relating in the moment is Primary

What determines whether the person with Autism is able to have a “relationship” that is “meaningful”, “productive”, “deep” and “long-lasting” depends on one thing and one thing only. And that is the Energetic Frequency of the person engaging in any interaction with the person with autism. If that person’s energetic frequencies radiate Unconditional Love, the person with autism spontaneously FEELS “safe” and “anchored” to express themselves in the relationship with ease, trust, intimacy and free from any inhibitions brought on by fears, including fears of being judged or rejected.

The other aspect of how a person with autism relates with people interacting with them in relationships is by DEMONSTRATING /

BEING Unconditional love to the person in the relationship. This is mostly amplified in the relationship with the autistic person’s biological/adopted parents and siblings. In this situation, people with autism continue to be in the “relationship” even though they may not feel comfortable, safe or secure and are unable to express their whole self with joy and freedom because they have chosen to REFLECT back to the “Biological or Adopted family” whatever needs healing in the members of the family, especially in the parents. Therefore, in these kinds of relationships, the person with autism is being of SERVICE to the parents and siblings. Often at the cost of their own well-being and thriving.

The sooner people engaged in a relationship with the person with autism realize that the best way to help the person with autism thrive is by radiating the energy frequencies of unconditional love and unconditional energy alignment within themselves, the more the possibilities of the person with autism having a HEALTHY, Nourishing and mutually fulfilling “long-lasting” relationship with them. And this is determined by the CONSISTENCY with which these Energy Frequencies are being radiated by the people engaging with the autistic person.

This is the main reason a person with autism is unable to “cultivate” relationships by following the expected “guidelines” that is usually taught like a “formula” to have long-lasting relationships such as being “nice” to people, being “polite” and “respectful” of others etc. Because, all these are based on contradictory and conflicting energy patterns where autistic people are being conditioned/trained to be the opposite of what they may be truly feeling within themselves! For example, in most families with a person with autism, invariably the parents radiate the energies of resentment, frustration, worry, fear and self-pity or feeling like a victim. But, they “TRY” to be loving and kind towards their child in most situations, to the best of their abilities. This person with autism is also taught the same - to be “brave” and “nice” and “kind” etc. in relationships. Now, because the autistic people are highly energy sensitive, they FEEL/SENSE these CONTRADICTIONARY energies being radiated by the parents and they respond to this SPLIT in the energies in the parents by responding to the ACTUAL energy frequencies that the parents radiate, and not to the attempts at being “loving”, caring and brave etc that the parents “TRY” to demonstrate through action in most cases; Action that is coming from a state of being of Mis-Aligned and Fragmented Energies within themselves.

Cultivating relationship implies the necessity of conforming to “social conditionings and expectations” that are, more often than not in total contradiction to what the autistic person FEELS within themselves as the “TRUTH”. This sets up resistance in the autistic person as their “energetic guidance system” is asking them to move in a direction that is pointed towards their well-being while society and

usually their family is pushing them in a direction that is opposed to this, however well-intentioned this pushing may seem to be from the point of view of the parents/society.

When this discord / energetic pull of contradictory energies sets up an agitation in the autistic person is when this manifests as “Meltdowns”. This is the outward manifestation of taking the “cultivating relationships” and “fitting into society” to the extreme that is causing immense stress in the autistic person that explodes in the form of a “melt down” . So as to restore some semblance of BALANCE within the autistic person.

For example , when the autistic child’s energies are able to sense/feel that a person whom their parents want them to play with is negative and even detrimental to their well-being , and he “knows” that he does not want to expose himself to the “risk” of making himself VULNERABLE to the disturbance that his playing with that other child is likely to trigger or precipitate in him and Yet the parents keep insisting that he play with that child, this results in resistance and conflict in the child . And he WITHDRAWS even further from interacting with his peers/other children etc. and prefers to be alone. From the parents point of view, although they may be coming from the desire to want to “Train” their child to be “SOCIAL” and learn how to “Cultivate” Relationships, this simply does not work because the energy system of their autistic child simply cannot understand the inauthentic and false language of “behaving” in a certain way in order to have “long-lasting friendships or relationships”.

The autistic person cannot “cultivate” relationships based on Inauthentic action coming from an energy state of conflicting energies followed by contradictory social and cultural conditioning that requires people to behave in an “acceptable” manner in order to “earn” a long-lasting , meaningful relationship.

## **Energetic Families**

So, is it really possible for the person with autism to have long-lasting relationships that helps them flourish with joy and in freedom? The answer is YES. This can happen ONLY when one understands the term - Energetic Family.

Energetic family consists of all those people engaging in a relationship with the autistic person who are matching the energy frequency of the autistic person in various stages of that being’s life and who are simultaneously expanding and evolving in an authentic manner, being in alignment with their “true self”.

The ONLY language that the autistic child’s brain understands about how TRUE and authentic relationships are spontaneously formed regardless of the length of the acquaintance with a person is - What Energy is that person radiating? And that too, in the moment. IF that energy reflects a state of being of “unconditional love and energy alignment” then deep, intimate and healthy relationships will be automatically formed as there is no conflict in their energies. And, IF

that person more or less consistently manages to stay in that state of being, then the chances of a ‘Long-Lasting’ relationship is stronger. Otherwise, the autistic person will either attract another relationship that represents this state of being OR will not have any “long-lasting” relationship with one individual, and have many relationships that fulfill the energy exchange and growth and evolution of the people involved in so called “short-term” relationships. And all those individuals who engage with the autistic person from the state of being of unconditional love and energy alignment , for however “short” a length of time (from the POV of “neurotypical people”) are the members of the Energetic Family of that autistic person.

## **Conclusion**

The recent statement by Futurist and inventor Ray Kurzweil from Google, who is working on Artificial Intelligence (AI), that by 2030 s human beings would become “God-Like” by implanting nanobots in the brains makes for an interesting read , especially in the context of autism.

The fact is that Human beings are already evolving and BEING “God-like” as on today. This facet of human evolution that is becoming more and more evident and manifesting in tangible forms is happening through Autistic beings .What Ray Kurzweil and others working on AI seem to be forgetting is that there have been many people throughout history who have BEEN “God-Like” , many of whom are religious icons. And they did not need the necessity of Nanobots to be installed in their brains or bodies. There is only one state of being that one needs to BE in to experience and demonstrate “God-Like” qualities. And that is the state of being of “Unconditional Energy Alignment “within oneself that inherently has the quality of “Unconditional Love” flowing through and manifesting.

Autistic beings are already doing that Today, Why wait till 2030s and why have Nanobots installed in one’s brain to experience this state of being or to RECOGNIZE those who are Already ‘God-Like’? You can do it right here, right now, by Re-aligning your energies in order to PERCEIVE this in YOUR manifested “Reality”. The “Reality” that autistic beings navigate on a day to basis. Unknowingly, more often than not.

Consciously Recognized Energetic Families are the next stage in the evolution of the “Family” structure on this planet and autistic beings are paving the way for the same today.

To understand relationships in autism better and to know the answers to the questions such as “Why is my autistic child not talking and how can I make him speak?” and to help your child with autism thrive in life independently and in relationships harmoniously and joyously, it is recommended to peruse the course “The Energy Basis Of Autism And The Solution” here: <http://authenticautismsolutions.usefedora.com>.