

Energetic Stress during Pregnancy Leads to the Manifestation of Limiting Symptoms in Autism: The Blind Spot of Mainstream Medicine

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Abstract

Energetic Stress during pregnancy leads to the manifestation of the limiting symptoms of autism in the autistic child. Why is mainstream medicine ignoring this writing on the wall ?

The ONE common factor that is blatantly obvious which is present in ALL mothers with children with autism is Energetic Stress. While it may be argued that these mothers are stressed because they are having to deal with a child with autism, I would like to raise this question - What if it is the other way round - It is pregnant mothers who are ALREADY Energetically Stressed who eventually give birth to the child/children with autism who manifest the limiting symptoms of autism?

This editorial seeks to explore this topic, the first of its kind to present the connection between Energetic Stress in pregnant mothers being the primary cause for the child being born with the limiting symptoms of autism. Thus revealing the Solution for the healing of all the limiting symptoms in autism.

This pattern of the energetic stress in the parents, primarily in the mother became blatantly obvious to me right from my very first interaction with an autistic child and the parents, in my healing practice. Subsequent interactions with many other autistic children and their families confirmed the fact that the mothers of these children are already energetically stressed at an individual level themselves, either before and/or after conceiving the child. This led me to explore the connection between the energetically stressed state of being of the mothers during pregnancy and the subsequent birth of the child with the manifestations of the limiting symptoms of autism.

The Biggest Myth of the 21st Century

Stress is “Normal” .Or, “Some amount of Stress is “Normal” and one is “supposed to” know how to handle stress. This is the biggest myth of the 21st century.

This one “Cultural and/or Global mind-set” alone has resulted in a widespread phenomenon - Inability to recognize stress as stress, being in denial about stress, trying to overcome stress with effort/pushing oneself to extremes (“just deal with it”), putting up with inordinate amounts of stress offering explanations for the same such as “I see no other option”, “All mothers are dealing with stress and I simply have to learn to do the same” and so on, in varying combinations.

While this attitude may seemingly “work” for most pregnant mothers, it becomes the prime trigger for the manifestation of the limiting symptoms in autism in fetuses that are wired to be Energy Sensitive, which is what ALL autistic fetuses/children are .

Autistic fetuses have zero tolerance for “Energetic Stress” or at least what is generally considered “acceptable” levels of stress culturally and globally.

What if there was a way of leading one’s life with no stress, operating from a state of energetic alignment almost all the time? Or, a way of leading one’s life KNOWING how to clear the daily accumulation of stress and KNOWING how to realign one’s energies on a daily basis, thus approaching all aspects of one’s life from a state of FEELING

Empowered and “in-control” rather than operating from a state of being of misaligned energies having to push against the natural flow of life based on habitual patterns?

Energetic Stress

Everything in the Universe is made up of Energy. Enough evidence is now available that has confirmed the fact that many healers and ancient cultures such as those in India and China already knew since eons, and that fact being - The human body is made up of subtle energy fields and any disturbance in the free flow of Energy through these energy fields results in disease. These energy fields include, but are not limited to the chakras and the meridians system of energy flow in a human being. The main aspect of these energy fields is that they can be “sensed”, “felt” and “experienced” rather than seen with what may be considered as normal visual acuity. Not only that, IF the energy disturbances in these energy fields are allowed to stagnate without any intervention to relieve the stagnation or blocks, eventually they result in the manifestation of symptoms, especially the limiting symptoms that are seen in autism.

The relevance of these energy channels and energy fields in autism is this - ALL autistic foetuses are highly Energy Sensitive and have almost zero tolerance for “stress” of any kind. Therefore, ALL the limiting symptoms in autism are due to Energy Disturbances. These energy disturbances take root in the foetuses while in the womb of the

mother. The subsequent manifestation of the limiting symptoms of autism in the child after being born depends on whether the disturbances continue to be present in the parents and/or external factors such as vaccines that trigger the symptoms to become manifest in a child whose Energetic Immunity has already been compromised by the underlying unresolved energy disturbances.

In other words, vaccines or any other such triggers could be the cause for precipitating the symptoms of autism in an already susceptible energy status of compromised Energetic Immunity in the child that in turn having been caused by the stress in the mother during pregnancy.

What is the Connection between Energetic Stress in the Pregnant Mother and the Child being born with the Limiting Symptoms of Autism?

(To understand this we need to become aware of the discoveries made in the emerging sciences of Psychoneuroimmunology and Neuroradiology. To know about these in detail it is recommended to peruse my other articles on these subjects with relevance to autism at this link - www.intenthealing.com/blog).

Psychoneuroimmunology

This is an emerging field of science that studies the relationship between the brain, the immune system and our experiences of the outside world including our relationships. The Energetic Immunity of the parents, as determined by the stress or tension in the relationship between the mother and father affects the child. The tension in the relationship between the parents affects the immune system in both parents and specifically in the mother. This tension in turn affects the growing fetus, thus compromising its Energetic Immunity. The stress or tension in the relationship between the parents constitutes the Psychoneuroimmunological component contributing to the manifestation of the limiting symptoms of autism, in the child.

Neurocardiology

This field of science has revealed the presence of a neuroendocrinological connection between the hearts of the mother and the child - It is a known fact that the heart beats of the mother and the foetus are in sync most of the time. Therefore, if the mother is stressed, no wonder the child's brain development and neural wiring gets affected because the heart literally controls the brain. Neurocardiological evidence cannot be ignored as a major factor contributing to the foetus' faulty wiring of the brain later manifesting as symptoms of autism. (ref - Paul Pearsall)

Stress in the mother

These stresses can be from the following factors, but not necessarily limited to them.

- Stress from within, caused mainly due to unprocessed emotions.
- Stress due to hormonal changes, pollutants/toxins in food, nutritional deficiencies and other environmental factors - ALL these in turn cause or trigger Energetic Stress in the mother
- Stress from the father's energies affecting the mother and that in turn affecting the growing foetus

The Solution could be as simple as reducing the stress in the mother, enhancing the positive thriving state of being in the pregnant mother, nourishment on all levels, starting with unconditional love for oneself first.

What about Pesticides, Vaccines, and Other Environmental/Food factors?

The susceptibility to all these and any other factors depends on the Energetic Immunity in the mother, which in turn affects the Energetic Immunity of the growing foetus. (To understand the term Energetic Immunity it is recommended to read the other articles on this topic on www.intenthealing.com/blog).

Genetic Aspect

Even if there were a genetic component in autism, Epigenetics holds the key that ensures that the genetic susceptibility does not necessarily translate into an actual manifestation of the limiting symptoms of autism in the child.

Solution in Autism

Instead of going down the elusive gene trail with billions of dollars being poured down the research pipe that is nowhere near finding the cause for autism. It makes more sense to spend the money and other resources in applying epigenetic methods and non-invasive healing methods in Autism that are already showing results on the ground.

The health, well-being and nourishment of pregnant mothers could be made the focus right away and they could be taught self-healing methods such as Applied Energy Medicine techniques such as Intent Healing(™) and other techniques which they can apply not only on themselves to remain stress-free for themselves, but also apply the same healing approach on the growing foetus.

Secondly, the diet of these pregnant mothers could be customized to ensure the intake of healthy, nourishing food with the necessary vitamin or minerals supplements if any.

This would be Applied Intentional Epigenetics and Applied Energy Medicine in action, preventing the child being born with the limiting symptoms of autism or being born with the susceptibility to manifest these symptoms as they grow, and in the presence of detrimental triggers for the same. This would empower the parents, especially the mother to be free from Energetic Stresses and also enable them to augment the Energetic Immunity of the child while in the womb itself so that the child, when born is completely free from the limiting symptoms of autism and flowers with the unique gifts and talents that is now free to manifest through the child.

Another example of Applied Epigenetics comes to mind that used to be practiced in many traditional south Indian families where the pregnant mothers were trained to listen to classical music or renditions of divine names such as "Vishnu Sahasra Naaman" and the like that resonates with the frequencies of vibrations corresponding to the specific Chakras and Energy Meridian system, thus reducing the stress in the mother and aligning the energies in the mother and the fetus to resonate with optimal well-being on all levels. There are many more such examples from various traditional cultural practices from all over the world where different methods and techniques of aligning the energies was adopted during pregnancy to ensure the stress-free state

of being of the mother. Researching these methods would form the basis of another article by itself.

Conclusion

Stress during pregnancy is the one factor that is invariably recognized by all mothers who eventually gave/give birth to children with autism. This is such an OBVIOUS cause for autism that inadvertently, mainstream medicine has developed a Blind Spot to this fact primarily due to the conditioning brought on by years of conventional medical training that is geared more towards looking for

complicated causes instead of the simple and obvious cause(s) in most “incurable conditions”. One need not wait for the “cause(s)” for autism to be confirmed by mainstream medicine on hindsight, before benefitting from the solutions in autism today that are already working on the ground as represented by the leading edge scientific methods of healing such as Intent Healing (™) which is based on Applied Energy Medicine and Applied Intentional Epigenetics. Further, the incidence of children being born with the limiting symptoms in autism can be greatly reduced and even eliminated altogether if the focus is shifted to ensuring the stress-free state of being of the pregnant mothers and mothers to be, along with optimal nutritional status.