



Autism Solution

See RESULTS from day ONE

Autism Cure Series

Worksheet#11

Part A) : BEFORE watching the Video

Answer these questions in your journal/notebook on your computer or in your physical notebook/journal or diary

1)Have you had experiences where you felt you simply "KNOW" that a person is lying or is being Dishonest even though you did not have any evidence to prove that to others?

2)Have you been to some places where you simply "KNOW" you feel better and have been to places where you simply wanted to "get away from" as you felt that "something is not okay here"?

Think about these experiences and recollect how you felt in your Body at those times.

Part B) : AFTER watching the Video

1)Do you Feel now that you can "KNOW" for yourself as to which Occupational Therapist, Speech Therapist, Special Educator etc is actually helping your child and those who are not? If no, why not?

2)Pay attention to all those things that you already "KNOW" for yourself in your life that you cannot explain through words as to "HOW" You "Know" that to be "True" for you and write them down. That will help you become familiar with the process of how "KNOWING" Feels like in your body.