

## Autism Cure Series Worksheet#22

Part A) : BEFORE watching the Video

1)Do you think the way you think/feel about YOURSELF is affecting the way your autistic child feels about himself/herself?

2)What is your Definition of "Unconditional Love" for your autistic child?

Part B ) : AFTER watching the Video

1)Do you think/feel you can love YOURSELF more and more easily now? If yes, what steps are you taking in that direction and if no, why are you finding it difficult to love Yourself?

2)Do you think your child will feel more loved by you if YOU love yourself more and more easily?